

**31st Annual
Flower City
Fellowship Convention**



Peace



Love &



Serenity

March 2 – 4, 2012

Hyatt Regency

Rochester, NY

WELCOME

"Then he asked for the Grace to bring Love, Forgiveness, Harmony, Truth, Faith, Hope, Light and Joy to every human being he could." 12 & 12 pg. 101

The 2012 Flower City Fellowship Committee welcomes you to our 31st annual Convention. May this weekend bring you **PEACE, LOVE & SERENITY** to take with you on your journey of sobriety.



Laurie B
2012 Convention
Chairperson



Rich S
2013 Convention
Chairperson

THE SERENITY PRAYER

God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.

* Alcoholics Anonymous 4th Ed.

AA PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

CONVENTION POLICIES

Name lanyards are required for admittance to Speakers, Panels, and Events. No exceptions. Individuals without name lanyards will be restricted to the common areas of the first and second floors.

If you are attending the Saturday Night Banquet, PLEASE sit at the table assigned to you on your Banquet ticket.

Children under the age of 12 must be accompanied by a parent or guardian at all times. No exceptions.

Mugs and 50/50 Raffle Tickets are on sale near the Registration area. Convention Mugs: \$5.00, 50/50 Raffle Tickets: \$1.00, Key Tags: \$2.50

Escort Service to the parking garage will be available on Friday and Saturday nights from 10:00pm- 2:00am on the half hour. Meet at the Registration Desk.

Coffee Service in the Hospitality Room will not be available during the Main Speakers throughout the Convention to minimize disruptions during the program. For your convenience, coffee, soda, juice, and water will be available for purchase at individual cost of \$2.25 from the Hyatt throughout the convention.

Friday

4 pm	AA Early Bird Speaker Moderator: Todd G Speaker: Dan M ~ Rochester, NY	<i>Grand Ballroom INTP</i>
6 – 7 pm	AA Panel: Peace, Love & Serenity “these life-giving communications spring out of living experience and are rooted in love.” - As Bill Sees It, pg. 319 Moderator: Steve R Panelists: Margie M, Mike H, Jerry L	<i>Grand Ballroom INTP</i>
7:30 pm	Opening Ceremonies & Speaker Moderator: Rich S, 2013 Chairperson Speaker: Sterling H ~ Omaha, NE Entertainment: The Rewards	<i>Grand Ballroom INTP</i>
10:00 pm	Al-Anon Meeting	<i>Eastman Board Room</i>
10:00 pm	Ice Cream Social Ice Cream Sundae \$5	<i>Mezzanine</i>
10:00 pm	Friday Night Entertainment The Glum Lot Players present “AA Recovery Revue”	<i>Regency Ballroom INTP</i>
10:00 pm - 1:00 am	Dance ~ DJ Spectrum Sound	<i>Grand Ballroom</i>
10:00 pm - 1:00 am	AA Talk-A-Thon (AA meetings begin and end on the hour)	<i>Carson/ Hosp. Room</i>

Saturday

<p>8:30 – 9:30 am</p>	<p>AA Panel: “Not many can assert that they love everybody... if only a little at a time” - 12&12, pg 92-93 Moderator: Robert C Panelists: Greg D, Nick B, Walt D</p>	<p><i>Grand Ballroom A</i></p>
<p>8:30 – 9:30 am</p>	<p>AA Panel: “Love + Rationality = Growth” - As Bill Sees It, pg 294 Moderator: Paul K Panelists: Heather D, Jim S, Joey Z</p>	<p><i>Grand Ballroom B</i></p>
<p>8:30 – 9:30 am</p>	<p>AA Panel: “We will comprehend the word serenity and we will know peace...” - AA pg. 83-84 Moderator: Carl H Panelists: Patrick W, Lori H, Greg S</p>	<p><i>Grand Ballroom C</i> <i>INTP</i></p>
<p>8:30 – 9:45 am</p>	<p>Al-Anon Panel: No Longer Terrified: Facing Fear in Recovery Moderator: Chuck A Panelists: Alexis S, Chris T, Brenda S</p>	<p><i>Regency C</i></p>
<p>9 – 10 am</p>	<p>AA Panel: “....my serenity is inversely proportional to my expectations.” - AA pg. 420 Moderator: Mike M Panelists: Rick M, Donna S, Walt B</p>	<p><i>Regency A</i></p>
<p>10 - 11 am</p>	<p>AA Panel: “Using the Serenity Prayer” - Living Sober pg. 17-18 Moderator: Brian C Panelists: Myles E, Rifa M, Evie B</p>	<p><i>Grand Ballroom C</i></p>
<p>10 – 11:15 am</p>	<p>Al-Anon Panel: Worthy of Love and of Loving: Sex in Recovery Moderator: Chris Tiana C Panelists: Clayton C and Jan O (AA); Jim B and Chris Tiana C (Al-Anon)</p>	<p><i>Regency C</i> <i>INTP</i></p>
<p>10:30 – 11:30 am</p>	<p>AA Panel: “Know God; Know Peace. No God; No Peace.” - Daily Reflections pg. 144 Moderator: Bill E Panelists: Otto K, Russ L, Chuck G</p>	<p><i>Regency A</i> <i>INTP</i></p>
<p>10:30 – 11:30 am</p>	<p>AA Panel “Love Without Strings” - Daily Reflections pg. 280 Moderator: Dolores G Panelists: Mary F, Mike N, Sheri R</p>	<p><i>Regency B</i></p>

11:30 am – 12:15 pm	“ASK-IT-BASKET” Moderator: John G Panelists: 2012 Convention Speakers	<i>Grand Ballroom INTP</i>
11:30 am – 12:45 pm	Al-Anon Panel: Noticing the Gifts of Recovery Moderator: Marla W Panelists: Jan S, Peggy A, and Katie L	<i>Regency C INTP</i>
12:30 – 1:30 pm	AA Panel Longtimer Women “When the 12 step... kind of love that has no price tag on it.” - 12 & 12 pg 106 Moderator: Diane M Panelists: Linda C-M, Tammy T-E, Eileen P	<i>Regency A INTP</i>
12:30 – 1:30 pm	AA PANEL Longtimer Men “He finds himself... peace of mind, and love of which he thought himself quite incapable.” - 12 & 12 pg. 107 Moderator: Bill P Panelists: Dave V, Dave C, Art	<i>Regency B INTP</i>
1:15 – 2:45 pm	Al-Anon Speaker Moderator: Chris Tiana C Speaker: Stephanie B ~ Granite Shoals, TX	<i>Grand Ballroom INTP</i>
1:45 – 2:45 pm	AA Panel “...outgoing love, the finest emotion we ever know.” - As Bill Sees It pg. 37 Moderator: Chablis G Panelists: Terri K, Bob C, Pat S	<i>Regency A</i>
3 pm	AA Speaker Moderator: Craig C Speaker: Rich B ~ Ocean City MD	<i>Grand Ballroom INTP</i>
4:30 – 5:30 pm	AA Panel “We enjoy moments in which there is something like real peace of mind.” - Daily Reflections pg. 211 Moderator: Paulie G Panelists: Nikki H, John G, Janice JC	<i>Regency A</i>
4:30 – 5:30 pm	AA Panel “...learning to practice acceptance... so that I may enjoy real peace of mind.” - Daily Reflections pg. 182 Moderator: Jaime H Panelists: Bridget B, Steve S, Donna K	<i>Regency B INTP</i>

4:30 – 5:30 pm	AA Panel “Then can we be set free to live and love.” - As Bill Sees It pg. 288 Moderator: Chuck L Panelists: Cindy, Ron M, Bob O	<i>Regency C</i>
6:30 pm	Banquet and AA speaker Moderator: Laurie B, 2012 Convention Chair Speaker: Theresa F ~ Los Angeles, CA	<i>Grand Ballroom INTP</i>
10:00 pm	Ice Cream Social Ice Cream Sundae \$5	<i>Mezzanine</i>
10:00 pm	Saturday Night Entertainment Movie: “When Love Is Not Enough: The Lois Wilson Story”	<i>Carson Room Closed Captioned</i>
10:00 pm - 1:00 am	Dance ~ DJ Spectrum Sound	<i>Grand Ballroom</i>
10:00 pm	Karaoke	<i>Regency Ballroom</i>
10:00 pm - 1:00 am	AA Talk-A-Thon (AA meetings begin and end on the hour)	<i>Wilson Board Room</i>

Sunday

<p>8:30 – 9:30 am</p>	<p>AA Panel: “... at peace with life, myself and with God.” - Daily Reflections pg. 368 Moderator: Susan J Panelists: Fern S, Andrew C, Debbie S</p>	<p><i>Grand Ballroom INTP</i></p>
<p>10 – 11 am</p>	<p>AA SPIRITUALITY PANEL (11TH Step) Prayer of St. Francis - 12 & 12 pg. 99 Moderator: Gary O Panelists: Tim P, John F, Pat R</p>	<p><i>Grand Ballroom INTP</i></p>
<p>10 – 11 am</p>	<p>Al-Anon Panel: Higher Power: Doing for Us What We Cannot Do for Ourselves Moderator: Connie T Panelists: Becca W, Mark M, Sheila F</p>	<p><i>Regency C INTP</i></p>
<p>12 pm</p>	<p>Closing Ceremonies and Speaker Moderators: Laurie B, 2012 Convention Chair and Rich S, 2013 Convention Chair Speaker: Rose E ~ Spring Hill, FL Entertainment: The Rewards</p>	<p><i>Grand Ballroom INTP</i></p>

Past Chairpersons

1981 Bob C	1991 Jim M	2002 Jean C
1982 Mary M	1992 Betty C	2003 Bob G
1983 David K	1993 John C	2004 Kay D
1984 Nancy S	1994 Joann C	2005 Marty M
1985 Al P	1995 Dick H	2006 Eileen P
1986 Carol S	1996 Donna S	2007 Gary M
1987 Bob Mc	1997 Jim C	2008 Sharon M
1988 Pauline G	1999 Monica SE	2009 Bob W
1989 Paul P	2000 Tom E	2010 Kim C
1990 Mary S	2001 Diane M	2011 Craig C

The Twelve Steps

1. We admitted we were powerless over alcohol-that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people where ever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and mediation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

The Twelve Traditions

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose, there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. A.A. should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A. as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. A.A. has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

2012 CONVENTION COMMITTEE

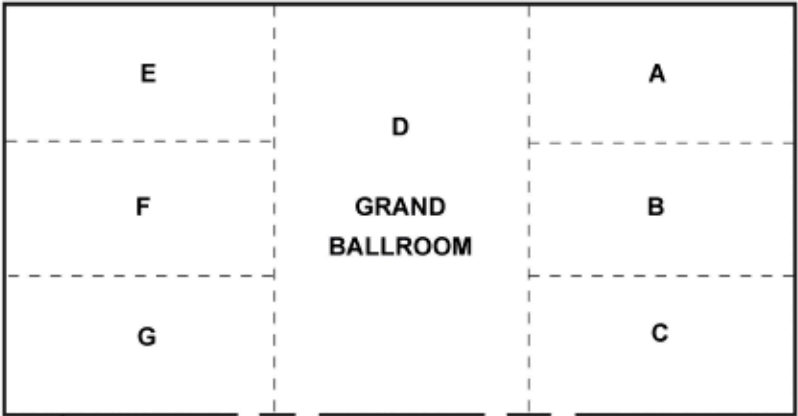
Chairperson.....	Laurie B
Chairperson Chair Elect.....	Rich S
Secretary.....	Kadi H
Treasurer.....	Mary F/Bill D
Al-Anon.....	Chris Tiana C/Alexis S
After Hours.....	Bob W/Paul M
Art & Design.....	Terri B/Tracey D
Coffee Cop.....	Jeff M/Kim S
Decorations.....	Anne T/William B
Deaf/Hard of Hearing.....	Richard C/Beth M
Entertainment/Bands.....	Chuck S/Kristina C
Entertainment/Events.....	Nikki H/Billy G
Entertainment/Open & Close.....	Eric M/Steve T
Escorts.....	Rob L/Frank W
Fundraising: Coffee Raffle.....	Patti S/John C
Fundraising/Special Events.....	Kay D/Wes S
Gifts.....	Carrie C/Stephanie K
Greeters.....	Maria R/Kim A
Hospitality.....	Heather J/Rob C
Hotel.....	Brent H/Kim C
Panels.....	Steve R/John G
Publicity.....	Phyllis P/Robin M
Registration.....	Mike B/Scott S
Sales – 50/50.....	Carla B/Troy A
Speakers.....	Todd G/Andy S
Ushers.....	Frankie A/Robert Z

The Rewards Performers

Eric M ~ Keyboard/Vocals
Beth S ~ Vocals
Jimmy B ~ Percussion

Steve T ~ Bass
Jim M ~ Guitar
Craig B ~ Guitar

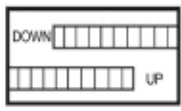
The 2012 Flower City Fellowship Convention Committee would like to recognize the many committee members and volunteers that have put countless hours of work into the planning of our 31st annual convention. We would like to extend to all of you our sincere appreciation and many thanks.



MUGS & 50/50 RAFFLE

REGISTRATION

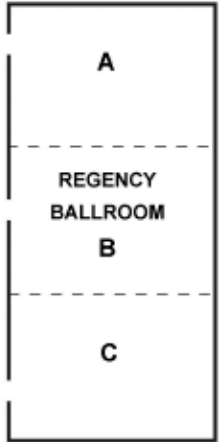
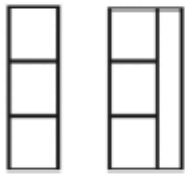
ESCALATOR



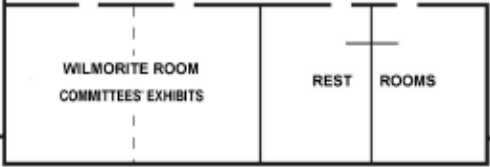
GEORGE EASTMAN BOARD-ROOM

PRE-REGISTRATION

ELEVATORS



WILSON BOARD-ROOM



2ND FLOOR - HYATT REGENCY